

Lenten Soup Suppers

Come Nourish Your Body & Soul

Bring your favorite soup or bread to share or just bring yourself (and a friend)!
All are welcome!

March 12 at 6pm in the Parish Center

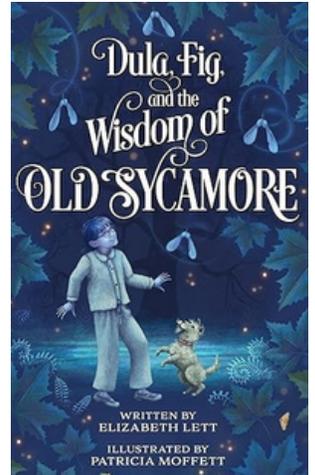
Author Visit & Reading

Featuring St Anthony Parishioner, Elizabeth Lett

Author of *Dula, Fig, and the Wisdom of Old Sycamore*

Join us for a special evening of story, reflection, and gentle wisdom for all ages.

We are delighted to welcome **Elizabeth Lett**, who will read from her beautifully illustrated children's book *Dula, Fig, and the Wisdom of Old Sycamore* and share the inspiration behind the story – what it means to her, and why kindness, resilience, and quiet moments matter.



This heartfelt tale follows young **Dula** as she navigates sadness and confusion during a stay at her Aunt Lucy's house. One evening, while walking in the woods with her little dog Fig, Dula meets **Old Sycamore**, a wise tree who helps her explore the story behind her name – and slowly see herself and her circumstances in a new light.

With poetic language and stunning illustrations by **Patricia Moffett**, the story invites children and adults alike to slow down, sit with big feelings, and discover the quiet strength of kindness. Dula's invented word "**SMAD**" (sad + mad) gives voice to emotions many children recognize, while Old Sycamore gently reminds us:

"Kindness is a quiet strength – like the roots of an old tree."

"Life can be sweet if you think on good things."

Come be inspired by a story that reminds us how kindness helps us become who we're meant to be.

March 19 at 6pm in the Parish Center

Fr. Dominic Garramone, OSB

Fr. Dominic Garramone, OSB, will share his bread-making skills while helping us to grow spiritually. Well-known to public television viewers for his cooking series, *Breaking Bread with Fr. Dominic*, he is a priest and monk of Saint Bede Academy in Peru, IL. Following a college education in theatre, he entered the monastery in 1983 and was ordained in 1992.

Fr. Dom teaches religion and drama at St. Bede Academy.

Come enjoy a fun evening and grow in the love of the Lord.

